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Our mission is to support outdoor activities at Williams and to make the outdoors accessible to everyone, regardless of level of experience. **Please note that almost all equipment can be borrowed from WOC's Equipment Room.**

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<tr>
<th>Level</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Beginner:</strong></td>
<td>Includes activities for all levels</td>
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<tr>
<td><strong>Intermediate:</strong></td>
<td>Includes activities for slightly more athletic individuals</td>
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<tr>
<td><strong>Advanced:</strong></td>
<td>Includes activities for all athletic and advanced outdoors people</td>
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<tr>
<td><strong>Rare:</strong></td>
<td>Activities for only the most daring, not skill-based but rather unusual events</td>
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</table>
SEPTEMBER

- **Climb up to the hidden tree house**: behind Cole Field ~ 10 minutes
- **Go tubing down the Green River**: from behind Hot Tomatoes to Cole Field, purchase tubes from Walmart nearby ~ 1 hour
- **Take your friends apple picking**: on the Taconic Crest Trail or in Vermont
- **Cross the Canopy**: at the Hopkins Forest Fall Festival ~ time depends on the line
- **Go Swimming at the Quary**: Dorset, Vermont
- **Hike to Snow Hole**: beginning at Petersburg Pass, hike along the trail ~ 3 hours
- **Bike and Eat at the Blue Benn**: beginning from behind Poker Fields, bike to Bennington ~ 4 hours * allot enough time for breakfast and bring cash!!

Sunrise hikes every Friday up Pine Cobble leaving campus at 6:00 am - 8:30 am - rain, snow, sun - no bad weather only poor choice of clothing!
OCTOBER

Polar Bear Plunge: in the Green River, check out the WOCly calendar ~ 30 minutes

Stargaze on Cole Field: extra points if you happen to see a shooting star

Summit Mount Greylock: on a very special Friday in October ~ time is trail-dependent

Make a wish at the elf and fairy tree: on the way up a wintery sunrise hike on Pine Cobble

Have an apple cider donut: at the Apple Barn in Vermont, or taste their maple ice cream!

Cross the Canopy: at the Hopkins Forest Fall Festival and sample different sugary treats!

Run to Cricket Creek Farm: begin past Garfield and up to Route Two, follow the road until you reach the Store at Five Corners and head right, once you get to CCF loop back ~ 14 miles
NOVEMBER

- **Touch every building on campus**: beginning at the Admissions Building ask for the official map of Williams College buildings ~ 3 hours
- **Spend the night in the cabin**: at Hopkins Forest, be sure to borrow gear from WOC
- **Run Blair Road**: pick up the path behind Water Street and turn left on Blair ~ 6 miles
- ** Attend a Log Lunch**: or help cook one!
- **Go sledding on the Taconic**: the 9th hole has the best slope and is close enough to campus
- **Drive up to the Hairpin Turn**: and get pictures with the icicles nearby
- **Spend a night on Stone Hill**: in the Crystal structure and visit the Clark
DECEMBER

**Cross-country ski to Tunnel:** begin at the Clark and head down for some early a.m. coffee

**Visit Hopkins Observatory:** and stare at the constellations

**Learn to Indoor Climb:** with some student experts as a study break during the weeknight

**Order a Brown Cow at Goodrich:** a Nutella Hot Chocolate is always a good idea!

**Ski the Thunderbolt Trail:** only for the most daring and skilled, this ski path behind Mt Greylock is no small feat!

**Sunset hike up Pine Cobble:** borrow some micro spikes and bring along a Hot Tomatoes pizza for dinner! Make sure to bring a flashlight!

**Build a winter campfire on Poker Fields:** reserve the fireplace through Campus Life and bring s’mores fixings!

Gain good karma points by helping campus personnel shovel snow whenever possible!
Plan a winter camping trip with WOC or reserve a spot on our annual dead week opportunities!

JANUARY

Ski or learn to ski at Jimmy Peak: WOC members get student pass discounts!

Have breakfast at the Chef’s Hat: and borrow snowshoes to traipse through Mountain Meadow reservation right across the street!

Sunrise hike: up Pine Cobble, vans leave Fridays at 6:00am~ 2.5 hours (bonus points if you go at a time of year when the sun rises)

Go for a boxing session: in upper Lasell gym’s hidden room next to the indoor track (BYOG: bring your own gloves)

Learn how to Kayak roll: check the WOCly email (evening pool sessions from November to March)

Stroll in the Natural Bridge State Park: known as the “Grand Canyon of the East” its about a 10 minute walk and one of the Berkshire’s best kept secrets
FEBRUARY

**Dehydrate some fruits and veggies**: in the Equipment Room – add cinnamon for a twist!

**Go on a full moon hike**: or on a moonless night take a camera for some flashlight art in the Mountain Meadow Preserve

**Drive to A-Frame Bakery**: for a couple of scrumptious cookies and stop on Bee Hill for some scenic views

**Snowboard at Berkshire East**: full day adventure, must pay for ski pass, transportation and rentals but splendid on snowy days!

**Watch the sunrise**: come up behind Sawyer Library or on the balcony outside Hopkins Fourth Floor

**Volunteer at Cricket Creek Farm**: packing cheeses and get paid in up to thirty dollars worth of cheese! WOC can help set this up!
MARCH

**Borrow a bike and helmet:** from the WOC Equipment Room and head over to Mass MoCa

**Backpack part of the Appalachian Trail (AT):** in North Adams and bring ingredients to make backroad sushi or fajitas! Maps in the WOC Equipment Room!

**Epic Sunrise Hike:** up Mount Greylock leaving at 3:00am ~ 9 miles up and down

**Bike the Tristate loop:** start behind Poker and follow our online map for some beautiful views, then loop back around to Williams, stopping for some Stewart’s ice cream! By the end of the journey you’ll have been through New York, Vermont and Massachusetts.

**Enjoy some slack-lining:** indulge in some slacking and learn how to slack-line outside of Morgan. Slack-lining is often taught by WOC or you can solo-slack (if certified) with WOC gear.
APRIL

**Taste local goodies:** at the Bennington Farmer’s Market

**Paddle in the reservoir:** join WOC to go canoeing on the Sherman Brook Reservoir or the Hoosic River

**Visit the Alpaca Farm:** and feel the soft socks made from their furs at Sweet Brook Farm

**Suntan on Chapin Beach:** get some reading done on Chapin steps with other fellow trope-cows soaking up the sun!

**Hike in the White Mountains:** drive to New Hampshire to hike to the summit of Mount Lafayette and picnic at the top, enjoying some rewarding wholesome views! (via the Franconia ridge trail)

**Play spike ball in Currier Quad:** find some friends and set up a game of spike ball – be careful not to slip in the mud!
**MAY**

- **Swim in the Pownal Tubs:** and try not to be too cold!

- **Spelunking at Bently Cave:** this is a WOC program in a challenging environment, much of the time, will be dark, wet, and cold. Due to hibernating bats, these caves are only open for a limited time each year. May need a waiver to go inside.

- **Have a water-gun fight:** on top of Stone Hill and pet the cows!

- **Visit the Emily Dickinson Museum:** in Amherst, birthplace and home of the writer

- **Stroll along the Bridge of Flowers:** in Shelburne, once a trolley bridge now has a garden of beautiful flowers covering it!

- **Bike up Mount Greylock:** start from Poker Fields and bike to Lanesborough before beginning the ascent
TO EAT & TO DO

Breakfast at Renee’s Diner
Papa Charlie’s
Five Corners (brunch)
Lickety Split Ice Cream
Williamstown Farmer’s Market
Tunnel City Coffee (Uptown, “Downtown” and Mass MoCa -- try Skyr)
The Brown Cow Cafe (Closed on Sundays)
Papa Pete’s (Order a giant pancake)
Bright Ideas Brewing (Must be 21+)
Eat some Cabot Seriously Sharp Cheddar Cheese (and watch some cows while you’re at it)
Wild Oats (try their cookies)
Help custodians shovel snow during avalanche season!

Hike the AT (Appalachian Trail)
Mountain Day Adventure Race
Skinny Dip in the Green River (secret spot under the bridge by the graveyard)
Sunset Picnic at Petersburg Pass
Rock Climb at Rose Ledge
XC Ski Out Your Front Door to the Golf Course
Camp Out on Pine Cobble
Visit the town of Florida (not in Florida!)
Go on a Haystack ride (you can do it at Sweet Brook Farm)
Sing the Mountains at the top of your lungs in a cow onesie
Explore the steam tunnels (above ground, of course!)
Wear a cow onesie!
Slip ’n’ Slide on Poker Lawn

Drive around to see Winter Lights in Lanesborough
Pick a Pumpkin from a Patch in Pownal
Hike Mount Fitch and Mount Raimer
Visit Ramblewild Adventure Park
Ask Scott Lewis to do a handstand
Paddle on Lake Onota
Chill out and do some snow-ga
Go to Sheep Hill
Hike to the Cascade Waterfall (behind Braydon Elementary School)
Run to Ioka Valley Farm
Snowboard, Snowshoe, Alpine, Nordic and Telemark Ski
Go camping in Savoy Mountain State Forest
Sled down a hill at Mt. Greylock Ski Club
TO EAT & TO DO

**Build a Snowman** in Frosh Quad – and if you’re up for the challenge build a double snowman (6 balls instead of 3)

**Learn how to spell Massachusetts**

**Eat Ice Cream** in the snow outside Mission

**Vermont Brewery Passport Tour** (Vermont has some of the best breweries – if you’re 21 or older you should check this out!)

**Host a Yukigassen** (competitive snowball fight) on Paresky Lawn

**Play Frolf on the Taconic** (a mix of Frisbee and golf – you play each hole with a Frisbee!)

**Find Inner Peace** on a bike ride up to Mount Hope

**Do some skyrunning** on Mount Berlin (extreme mountain running above 2,000 ft)

**Go birdwatching** on the Hopper Trail

**Make maple syrup**

**Build an igloo**

**Do some last minute reading at Ilvermorny School of Witchcraft and Wizardry** on Stony Ledge up Mt. Greylock

**Spend some time meditative sanding**

**Cook dinner in one of the Tylers**

**Go squirrel fishing** (the sporting practice of “catching” squirrels and attempting to lift them into the air using a nut (preferably a peanut) tied to a string or fishing line)

**Pull an all-nighter in Schow** (be sure to have some Awake Chocolate Bars handy to keep you up!)

**Find the Casual Woods and enjoy**

**Study once in every floor at Sawyer**

**Visit the antique bookstore in North Hampton**

**Go surfing in Rhode Island**

**Finish a Ben and Jerry’s Vermonster** and tour the Ben and Jerry’s Factory

**Consider a long-weekend road trip** to New York City, Boston or Montreal

**Play Thursday Night Trivia** at the Log

**Take a photo with Ephelia** – or morph into Ephelia!

**Order Dominoes Pizza to the library**

**Tag @wocstagram on Instagram**

**Host a random unix party** (email random unix on campus and invite them to a rager – make sure you’re only inviting students!)

**Win dinner at Driscoll** – be the first to arrive and last to leave

**“Hit the cycle”** (get an A, B, C and D – got to use those pass-fails somewhere!)
Watch the sunset on a rooftop (with the permission of CSS, of course, a beginner’s rooftop is the Hardy House behind Schow)

Get an Odwalla at Eco

Invite a Professor to Lyceum Dinner

Run/walk/bike on every street in Williamstown

Hike Mt Katahdin in Maine and visit Acadia National Park

Bike the Pownal loop

Hike Mt. Berlin via the old Williams College Ski Slope (bonus points if it is at sunrise or sunset)

South Street Cafe in Bennington for brunch!

Eat at the exotic Mission Snack Bar

Picnic on Bee Hill

Shower in every dorm

Crank out some work in the Paresky Sad Room (alternatively known as the quiet or dark room)

Swim at the beach at Lake Ononta in Pittsfield

Go to one competition for every varsity/club sports team on campus throughout the year

Win something on the Eph Superfan app (you get points by attending games and signing in on the app)

Go to yoga in Goodrich!

Sit on the Stone Bench (in the trails behind Stone Hill)

Bring a professor to Goodrich

Attend an Etiquette Dinner

Frolic in the meadows at Linear Park

Try every restaurant on Spring Street

Wait in line and enjoy some Snar (Snack Bar) after First First Fridays

Invite a Professor on a sunrise hike

Find the secret tennis courts at Linear Park

Take a road trip to another NESCAC school to watch an away sporting event! Middlebury and Amherst are both recommended for the especially scenic drives. At Middlebury, eat a sandwich at Noonie’s. At Amherst, treat yourself to Chipotle and imagine what it would be like to go to school in a bustling urban metropolis like Amherst, MA

Get a whole wheat pizza crust on your pizza at ‘82

Go to Storytime on Sunday night!

Have a picnic brunch on the terrace outside the Zilka Center

Attend class with wet hair and feel it freeze

Leaf-peep with friends in Manchester, Vermont

Request a locker at the library for your books!
A FEW THINGS YOU CAN BORROW WITH A WOC MEMBER CARD...

**Stoves** (tested before heading out)

**Fuel Bottles**

**Pots** with lids

**Fry Pan** with lid

**Utensils** (spoons, spatula)

**Pair of gloves** (for handling hot pots)

**Pot gripper** or **pliers**

**Matches** (in waterproof container) and/or **lighter**

**Can opener**

**Screen** (for capturing food particles when cleaning)

**Scrubbies**

**Waterbags**

**Bear rope** – carabiners are helpful!

**Seasoning Kit**

**Trash bags**

**Tarps** (with cord, twine) or **Tents**

**Water Purification** (Polar Pur, Potable Aqua, Water Filter..)

**Trowel Toilet Paper** (in waterproof bag)

**Aluminum Foil / Ziplocks** (for tampons)

**Large Water Containers**

**Propane Stove** with propane fuel

**Coolers** to store food

**Dry bags** for personal use

**First Aid Kit**

**Hammocks and Kites!**

**Straps** for securing equipment to backpacks

**Bear rope** – carabiners are helpful!

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**Large Water Containers**

**Propane Stove** with propane fuel

**Coolers** to store food

**Dry bags** for personal use

**First Aid Kit**

**Hammocks and Kites!**

**Straps** for securing equipment to backpacks

**Crazy Creek Chair** (preferably with the WOC logo on the back!)

**Duct Tape** (can wrap some around a water bottle or pencil to bring with you for repairs)

**Camera with film**

**Binoculars**

**Field Guides**

**Expedition Backpack** (external or internal frame)

**Sleeping Bag** (synthetic fiber or down filled bag rated below 20 degrees F)

**We also recommend** that you bring a **Paperback Book** or other good Reading Material, **Games**, a **Deck of Cards**, some good **Stories**, a **journal**, a **pen**, and/or **notebook** (not borrowed from WOC) to document your journeys! P.S. polaroid/disposable **cameras** are also fun for souvenirs!
A FEW THINGS YOU CAN BORROW FROM WOC…

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Sleeping Pad</td>
<td></td>
</tr>
<tr>
<td>Small Flashlight or Headlamp</td>
<td>with NEW batteries, and spare bulb and batteries</td>
</tr>
<tr>
<td>Insulated cup, bowl, spoon</td>
<td>(NO glass!)</td>
</tr>
<tr>
<td>Snowshoes</td>
<td></td>
</tr>
<tr>
<td>Waterproof/windproof shell pants</td>
<td></td>
</tr>
<tr>
<td>Compass</td>
<td></td>
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<tr>
<td>Sun Block</td>
<td></td>
</tr>
<tr>
<td>Waterproof/Windproof overmitts</td>
<td></td>
</tr>
<tr>
<td>Wool or Fleece Warm Hat</td>
<td>(ear flaps are good)</td>
</tr>
<tr>
<td>Insulated winter boots</td>
<td>(Sorels, mouse boots, double boots, etc.)</td>
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<tr>
<td>Cross country gear and telemark ski gear</td>
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SOME WINTER STUDY SPORTS

<table>
<thead>
<tr>
<th>Sport</th>
<th>Description</th>
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<tbody>
<tr>
<td>Nordic aka Cross-Country Skiing</td>
<td>(toe of the ski boot is fixed to the binding in a manner that allows the heel to rise off the ski)</td>
</tr>
<tr>
<td>Alpine aka Downhill Skiing</td>
<td>(sliding down snow-covered slopes on skis with fixed-heel bindings)</td>
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<tr>
<td>Telemark Skiing</td>
<td>(skiing technique that combines elements of Alpine and Nordic skiing. It is named after the Telemark region of Norway)</td>
</tr>
<tr>
<td>Snowboarding</td>
<td>(like surfing on snow – descending a snow-covered slope while standing on a board attached to both feet)</td>
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<tr>
<td>Snowshoeing</td>
<td>(walking on snow with racket-like shoes)</td>
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<tr>
<td>Sledding</td>
<td>(sitting down on a sled and sliding down a hill – like the one in front of Mission!)</td>
</tr>
<tr>
<td>Ice Skating</td>
<td>(gliding across ice with skates attached to your feet – once this skill is mastered Broomball, Hockey, Figure Skating and other activities can be enjoyed!)</td>
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NEVER BE BORED (OR BORING)…

<table>
<thead>
<tr>
<th>Activity</th>
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<tbody>
<tr>
<td>Spend a Sunday hibernating in bed</td>
<td></td>
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<tr>
<td>Play a game of Mattress Dominoes</td>
<td>(line up mattresses in a long hall and barrel into one, making the rest of them fall)</td>
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<tr>
<td>Print at Jessup</td>
<td></td>
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<tr>
<td>Take Willy the dog out to a game</td>
<td>(you can find him lounging around at Nature’s Closet)</td>
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<tr>
<td>Go to a darty at Meadow</td>
<td></td>
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<tr>
<td>Go off the grid for a week – no social media, no email, no phone calls!</td>
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<tr>
<td>Befriend all campus custodians</td>
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<tr>
<td>Play Poker on Poker</td>
<td></td>
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<tr>
<td>Sip some coffee at Brewhaha in North Adams</td>
<td>(closed Wednesdays)</td>
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<tr>
<td>Set up a hammock village</td>
<td></td>
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<tr>
<td>Compete in the once-a-year-all-night Trivia</td>
<td></td>
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</tbody>
</table>
For more details visit: https://ridewithgps.com/users/1306439/routes
MT. HOPE OUT & BACK

8.4 mi +513 ft / -509 ft
HOPKINS FOREST TO VERMONT

Map showing the route from Hopkins Forest to Vermont with elevation changes shown graphically. The route is 7.5 miles, with an elevation gain of +783 ft and a loss of -783 ft.
HELPING EVERYONE

GET OUTSIDE