

Table of Cowntents

Our mission is to support outdoor activities at Williams and to make the outdoors accessible to everyone, regardless of level of experience.

Please note that almost all equipment can be borrowed from WOC's Equipment Room.



Beginner: Includes activities for all levels



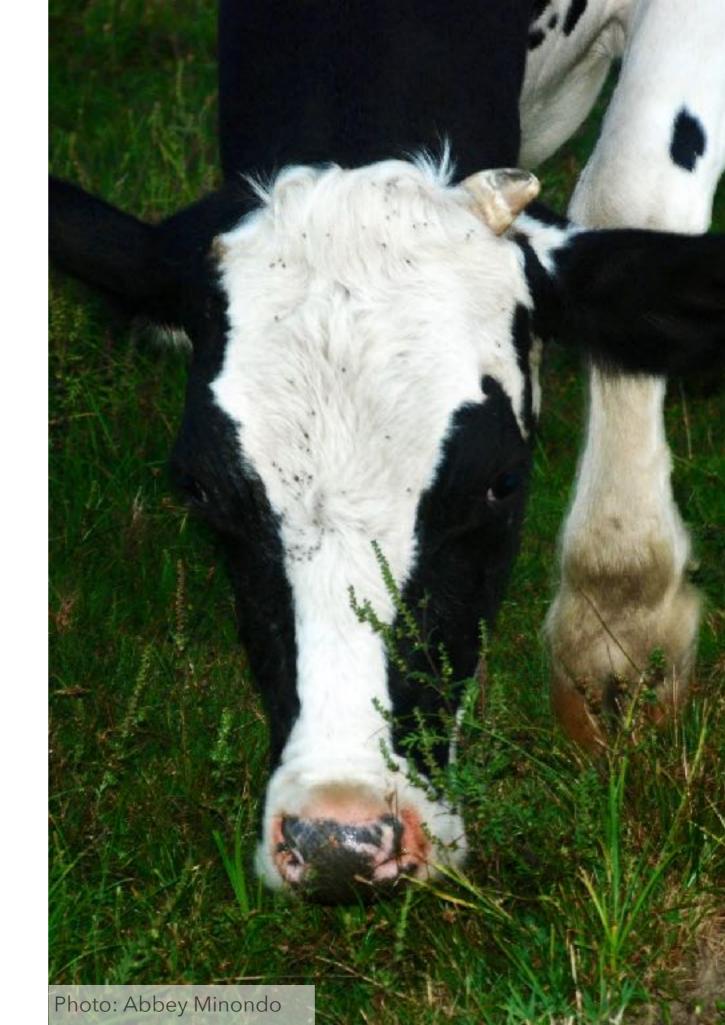
Intermediate: Includes activities for slightly more athletic individuals



Advanced: Includes activities for all athletic and advanced outdoors people



Rare: Activities for only the most daring, not skill-based but rather unusual events



Sunrise hikes every Friday up Pine Cobble leaving campus at 6:00 am - 8:30 am - rain, snow, sun - no bad weather only poor choice of clothing!

SEPTEMBER

- Climb up to the hidden tree house: behind Cole Field ~ 10 minutes
- Go tubing down the Green River: from behind Hot Tomatoes to Cole Field, purchase tubes from Walmart nearby ~ 1 hour
- Take your friends apple picking: on the Taconic Crest Trail or in Vermont
- Cross the Canopy: at the Hopkins Forest Fall Festival ~ time depends on the line
- Go Swimming at the Quary: Dorset, Vermont
- Hike to Snow Hole: beginning at Petersburg Pass, hike along the trail ~ 3 hours
- Bike and Eat at the Blue Benn: beginning from behind Poker Fields, bike to Bennington~ 4 hours * allot enough time for breakfast and bring cash!!







OCTOBER

- Polar Bear Plunge: in the Green River, check out the WOCly calendar~ 30 minutes
- Stargaze on Cole Field: extra points if you happen to see a shooting star
- Summit Mount Greylock: on a very special Friday in October ~ time is trail-dependent
- Make a wish at the elf and fairy tree: on the way up a wintery sunrise hike on Pine Cobble
- Have an apple cider donut: at the Apple Barn in Vermont, or taste their maple ice cream!
- **Cross the Canopy**: at the Hopkins Forest Fall Festival and sample different sugary treats!
- Run to Cricket Creek Farm: begin past Garfield and up to Route Two, follow the road until you reach the Store at Five Corners and head right, once you get to CCF loop back ~ 14 miles







NOVEMBER

- Touch every building on campus: beginning at the Admissions Building ask for the official map of Williams College buildings ~ 3 hours
- **Spend the night in the cabin**: at Hopkins Forest, be sure to borrow gear from WOC
- Run Blair Road: pick up the path behind Water Street and turn left on Blair ~ 6 miles
- Attend a Log Lunch: or help cook one!
- **Go sledding on the Taconic**: the 9th hole has the best slope and is close enough to campus
- **Drive up to the Hairpin Turn**: and get pictures with the icicles nearby
- **Spend a night on Stone Hill**: in the Crystal structure and visit the Clark







Gain good karma points by helping campus personnel shovel snow whenever possible!

DECEMBER

- Cross-country ski to Tunnel: begin at the Clark and head down for some early a.m. coffee
- **Visit Hopkins Observatory**: and stare at the constellations
- Learn to Indoor Climb: with some student experts as a study break during the weeknight
- Order a Brown Cow at Goodrich: a Nutella Hot Chocolate is always a good idea!
- Ski the Thunderbolt Trail: only for the most daring and skilled, this ski path behind Mt Greylock is no small feat!
- Sunset hike up Pine Cobble: borrow some micro spikes and bring along a Hot Tomatoes pizza for dinner! Make sure to bring a flashlight!
- Build a winter campfire on Poker Fields: reserve the fireplace through Campus Life and bring s'mores fixings!







Plan a winter camping trip with WOC or reserve a spot on our annual dead week opportunities!

JANUARY

- Ski or learn to ski at Jimmy Peak: WOC members get student pass discounts!
- Have breakfast at the Chef's Hat: and borrow snowshoes to traipse through Mountain Meadow reservation right across the street!
- **Sunrise hike**: up Pine Cobble, vans leave Fridays at 6:00am~ 2.5 hours (bonus points if you go at a time of year when the sun rises)
- **Go for a boxing session**: in upper Lasell gym's hidden room next to the indoor track (BYOG: bring your own gloves)
- **Learn how to Kayak roll**: check the WOCly email (evening pool sessions from November to March)
- Stroll in the Natural Bridge State Park: known as the "Grand Canyon of the East" its about a 10 minute walk and one of the Berkshire's best kept secrets





Photo: Abbey Minondo



FEBRUARY

- Dehydrate some fruits and veggies: in the Equipment Room add cinnamon for a twist!
- Go on a full moon hike: or on a moonless night take a camera for some flashlight art in the Mountain Meadow Preserve
- **Drive to A-Frame Bakery**: for a couple of scrumptious cookies and stop on Bee Hill for some scenic views
- Snowboard at Berkshire East:: full day adventure, must pay for ski pass, transportation and rentals but splendid on snowy days!
- Watch the sunrise: come up behind Sawyer
 Library or on the balcony outside Hopkins
 Fourth Floor
- Volunteer at Cricket Creek Farm: packing cheeses and get paid in up to thirty dollars worth of cheese! WOC can help set this up!







MARCH

- Borrow a bike and helmet: from the WOC Equipment Room and head over to Mass MoCa
- Backpack part of the Appalachian Trail (AT):
 in North Adams and bring ingredients to make
 backroad sushi or fajitas! Maps in the WOC
 Equipment Room!
- **Epic Sunrise Hike**: up Mount Greylock leaving at 3:00am ~ 9 miles up and down
- Bike the Tristate loop: start behind Poker and follow our online map for some beautiful views, then loop back around to Williams, stopping for some Stewart's ice cream! By the end of the journey you'll have been through New York, Vermont and Massachusetts.
- Enjoy some slack-lining: indulge in some slacking and learn how to slack-line outside of Morgan. Slack-lining is often taught by WOC or you can solo-slack (if certified) with WOC gear.







APRIL

- **Taste local goodies**: at the Bennington Farmer's Market
- Paddle in the reservoir: join WOC to go canoeing on the Sherman Brook Reservoir or the Hoosic River
- **Visit the Alpaca Farm**: and feel the soft socks made from their furs at Sweet Brook Farm
- Suntan on Chapin Beach:: get some reading done on Chapin steps with other fellow tropecows soaking up the sun!
- Hike in the White Mountains: drive to New Hampshire to hike to the summit of Mount Lafayette and picnic at the top, enjoying some rewarding wholesome views! (via the Franconia ridge trail)
- Play spike ball in Currier Quad: find some friends and set up a game of spike ball –be careful not to slip in the mud!







MAY



- Spelunking at Bently Cave: this is a WOC program in a challenging environment, much of the time, will be dark, wet, and cold. Due to hibernating bats, these caves are only open for a limited time each year. May need a waiver to go inside.
- Have a water-gun fight: on top of Stone Hill and pet the cows!
- Visit the Emily Dickinson Museum: in Amherst, birthplace and home of the writer
- Stroll along the Bridge of Flowers: in Shelburne, once a trolley bridge now has a garden of beautiful flowers covering it!
- Bike up Mount Greylock: start from Poker Fields and bike to Lanesborough before beginning the ascent







TO EAT & TO DO

Help custodians shovel snow

during avalanche season!

Mountain Day Adventure Race Breakfast at Renee's Diner Pownal Skinny Dip in the Green River Papa Charlie's (secret spot under the bridge by the graveyard) Raimer **Five Corners** (brunch) **Sunset Picnic at Petersburg Pass Lickety Split Ice Cream Rock Climb at Rose Ledge** Williamstown Farmer's Market XC Ski Out Your Front Door to the **Golf Course** Tunnel City Coffee (Uptown, "Downtown" and Mass MoCa -- try **Camp Out on Pine Cobble** Skyr) **Go to Sheep Hill** Visit the town of Florida (not in The Brown Cow Cafe (Closed on Florida!) Sundays) Go on a Haystack ride (you can do Papa Pete's (Order a giant pancake) it at Sweet Brook Farm) **Bright Ideas Brewing (Must be Sing the Mountains** at the top of 21+) your lungs in a cow onesie **Eat some Cabot Seriously Sharp** Explore the steam tunnels (above Cheddar Cheese (and watch some ground, of course!) cows while you're at it) State Forest Wear a cow onesie! Wild Oats (try their cookies) Slip 'n' Slide on Poker Lawn

Hike the AT (Appalachian Trail)

Drive around to see Winter Lights

in Lanesborough

Pick a Pumpkin from a Patch in

Hike Mount Fitch and Mount

Visit Ramblewild Adventure Park

Ask Scott Lewis to do a handstand

Paddle on Lake Onota

Chill out and do some snow-ga

Hike to the Cascade Waterfall (behind Braydon Elementary School)

Run to loka Valley Farm

Snowboard, Snowshoe, Alpine, **Nordic and Telemark Ski**

Go camping in Savoy Mountain

Sled down a hill at Mt. Greylock Ski Club



TO EAT & TO DO

Build a Snowman in Frosh Quad – and if you're up for the challenge build a double snowman (6 balls instead of 3)

Learn how to spell Massachusetts

Eat Ice Cream in the snow outside Mission

Vermont Brewery Passport Tour

(Vermont has some of the best breweries – if you're 21 or older you should check this our!)

Host a Yukigassen (competitive snowball fight) on Paresky Lawn

Play Frolf on the Taconic (a mix of Frisbee and golf – you play each hole with a Frisbee!)

Find Inner Peace on a bike ride up to Mount Hope

Do some skyrunning on Mount Berlin (extreme mountain running above 2,000 ft)

Go birdwatching on the Hopper Trail

Make maple syrup

Build an igloo

Do some last minute reading at Ilvermorny School of Witchcraft and Wizardry on Stony Ledge up Mt. Greylock

Spend some time meditative sanding

Cook dinner in one of the Tylers

Go squirrel fishing (the sporting practice of "catching" squirrels and attempting to lift them into the air using a nut (preferably a peanut) tied to a string or fishing line)

Pull an all-nighter in Schow (be sure to have some Awake Chocolate Bars handy to keep you up!)

Find the Casual Woods and enjoy

Study once in every floor at Sawyer

Visit the antique bookstore in North Hampton

Go surfing in Rhode Island

Finish a Ben and Jerry's

Vermonster and tour the Ben and Jerry's Factory

Consider a long-weekend road trip to New York City, Boston or Montreal

Play Thursday Night Trivia at the Log

Take a photo with Ephelia – or morph into Ephelia!

Order Dominoes Pizza to the library

Picnic in a Canoe

Tag @wocstagram on Instagram

Host a random unix party (email random unix on campus and invite them to a rager – make sure you're only inviting students!)

Win dinner at Driscoll – be the first to arrive and last to leave

"Hit the cycle" (get an A, B, C and D – got to use those pass-fails somewhere!)





TO EAT & TO DO

Watch the sunset on a rooftop

(with the permission of CSS, of course, a beginner's rooftop is the Hardy House behind Schow)

Get an Odwalla at Eco

Invite a Professor to Lyceum Dinner

Run/walk/bike on every street in Williamstown

Hike Mt Katahdin in Maine and visit Acadia National Park

Bike the Pownal loop

Hike Mt. Berlin via the old Williams College Ski Slope (bonus points if it is at sunrise or sunset)

South Street Cafe in Bennington for brunch!

Eat at the exotic Mission Snack Bar

Picnic on Bee Hill

Shower in every dorm

Crank out some work in the Paresky Sad Room (alternatively

known as the quiet or dark room)

Swim at the beach at Lake Ononta in Pittsfield

Go to one competition for every varsity/club sports team on campus throughout the year

Win something on the Eph Superfan app (you get points by attending games and signing in on the app)

Go to yoga in Goodrich!

Sit on the Stone Bench (in the trails behind Stone Hill)

Bring a professor to Goodrich

Attend an Etiquette Dinner

Frolic in the meadows at Linear Park

Try every restaurant on Spring Street

Wait in line and enjoy some Snar (Snack Bar) after First First Fridays

Invite a Professor on a sunrise hike

Find the secret tennis courts at Linear Park

Take a road trip to another
NESCAC school to watch an away
sporting event! Middlebury and
Amherst are both recommended for
the especially scenic drives. At
Middlebury, eat a sandwich at
Noonie's. At Amherst, treat yourself
to Chipotle and imagine what it
would be like to go to school in a
bustling urban metropolis like
Amherst, MA

Get a whole wheat pizza crust on your pizza at '82

Go to Storytime on Sunday night!

Have a picnic brunch on the terrace outside the Zilka Center

Attend class with wet hair and feel it freeze

Leaf-peep with friends in Manchester, Vermont

Request a locker at the library for your books!





A FEW THINGS YOU CAN BORROW
WITH A WOC MEMBER CARD

Stoves (tested before heading out)

Fuel Bottles

Pots with lids

Fry Pan with lid

Utensils (spoons, spatula)

Pair of gloves (for handling hot pots)

Pot gripper or pliers

Matches (in waterproof container) and/or **lighter**

Can opener

Screen (for capturing food particles when cleaning)

Scrubbies

Waterbags

Bear rope – carabiners are helpful!

Seasoning Kit

Trash bags

Tarps (with cord, twine) or Tents

Water Purification (Polar Pur, Potable Aqua, Water Filter..)

Trowel Toilet Paper (in waterproof bag)

Aluminum Foil / Ziplocks (for tampons)

Large Water Containers

Propane Stove with propane fuel

Coolers to store food

Dry bags for personal use

First Aid Kit

Hammocks and Kites!

Straps for securing equipment to backpacks

Crazy Creek Chair (preferably with the WOC logo on the back!)

Duct Tape (can wrap some around a water bottle or pencil to bring with you for repairs)

Camera with film

Binoculars

Field Guides

Expedition Backpack (external or internal frame)

Sleeping Bag (synthetic fiber or down filled bag rated below 20 degrees F)

We also recommend that you bring a Paperback Book or other good Reading Material, Games, a Deck of Cards, some good Stories, a journal, a pen, and/or notebook (not borrowed from WOC) to document your journeys! P.S. polaroid/disposable cameras are also fun for souvenirs!



A FEW THINGS YOU CAN BORROW FROM WOC...

Sleeping Pad

Small Flashlight or Headlamp with NEW batteries, and spare bulb and batteries

Insulated cup, bowl, spoon (NO glass!)

Snowshoes

Waterproof/windproof shell pants

Compass

Sun Block

Waterproof/Windproof overmitts

Wool or Fleece Warm Hat (ear flaps are good)

Insulated winter boots (Sorels, mouse boots, double boots, etc.)

Cross country gear and telemark ski gear

SOME WINTER STUDY SPORTS

Nordic aka Cross-Country Skiing (toe of the ski boot is fixed to the binding in a manner that allows the heel to rise off the ski)

Alpine aka Downhill Skiing (sliding down snow-covered slopes on skis with fixed-heel bindings)

Telemark Skiing (skiing technique that combines elements of Alpine and Nordic skiing. it is named after the Telemark region of Norway)

Snowboarding (like surfing on snow – descending a snow-covered slope while standing on a board attached to both feet)

Snowshoeing (walking on snow with racket-like shoes)

Sledding (sitting down on a sled and sliding down a hill – like the one in front of Mission!)

Ice Skating (gliding across ice with skates attached to your feet – once this skill is mastered Broomball, Hockey, Figure Skating and other activities can be enjoyed!)

NEVER BE BORED (OR BORING)...

Spend a Sunday hibernating in bed

Play a game of Mattress Dominoes (line up mattresses in a long hall and barrel into one, making the rest of them fall)

Print at Jessup

Take Willy the dog out to a game (you can find him lounging around at Nature's Closet)

Go to a darty at Meadow

Go off the grid for a week – no social media, no email, no phone calls!

Befriend all campus custodians

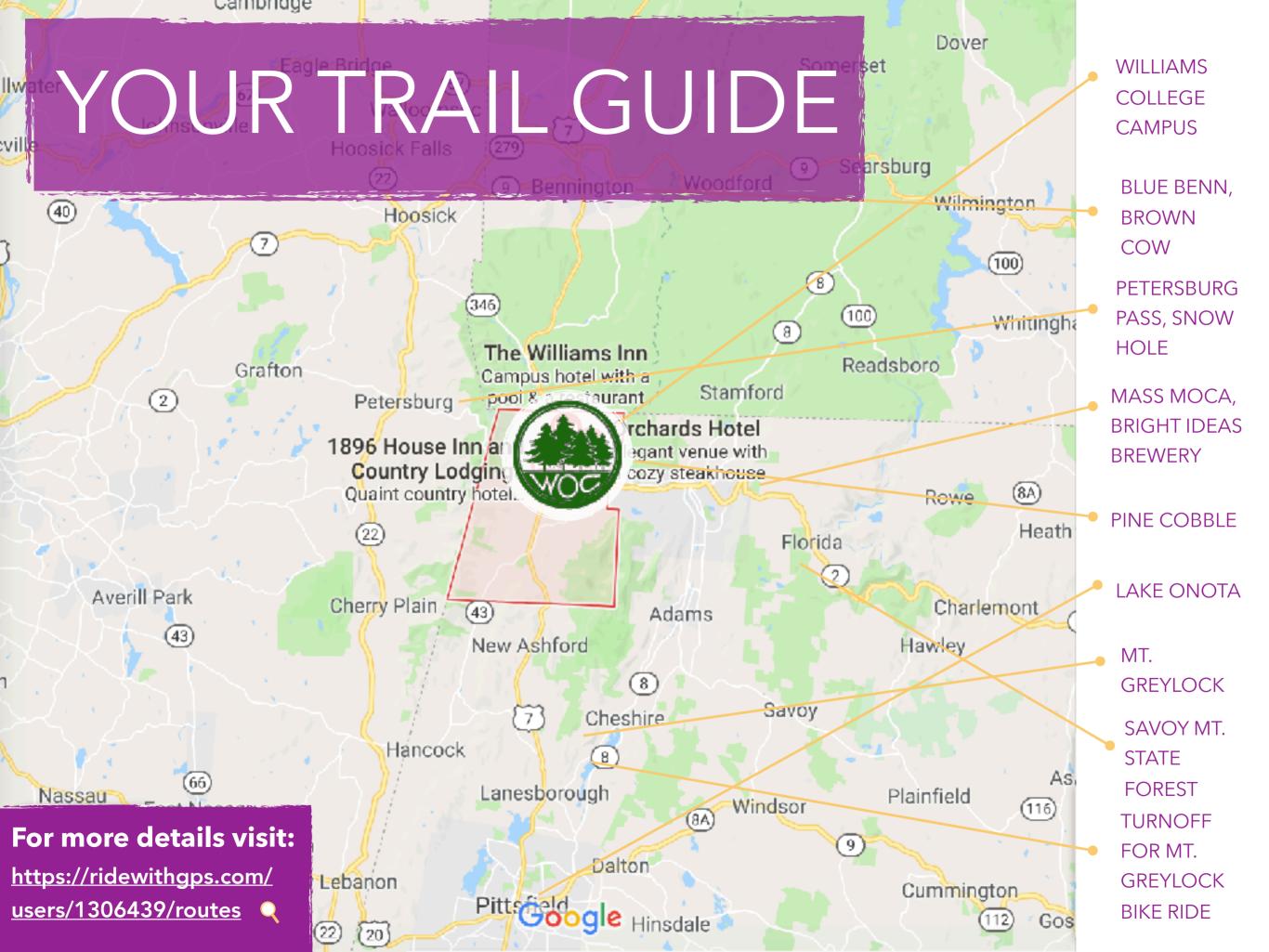
Play Poker on Poker

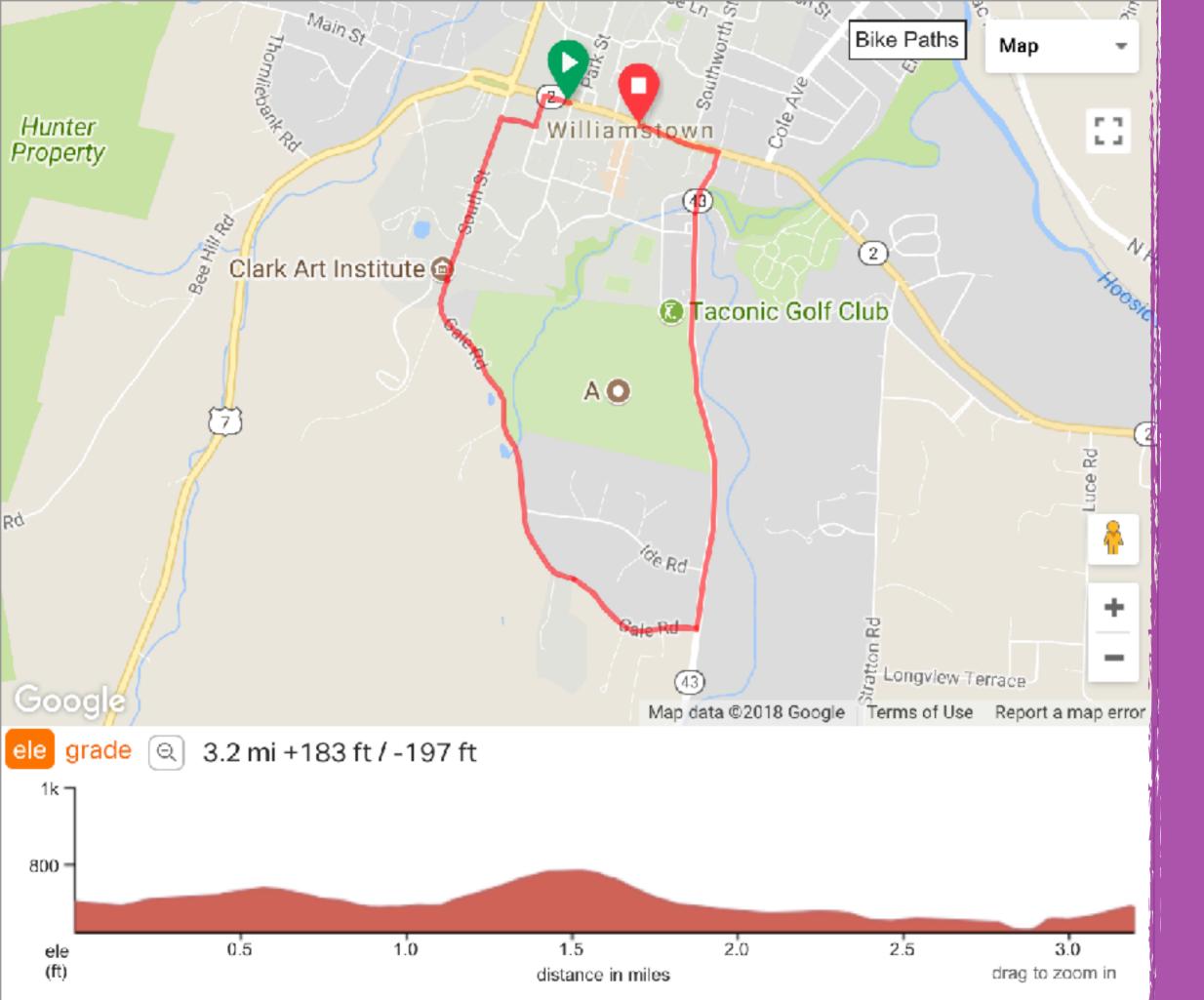
Sip some coffee at Brewhaha in North Adams (closed Wednesdays)

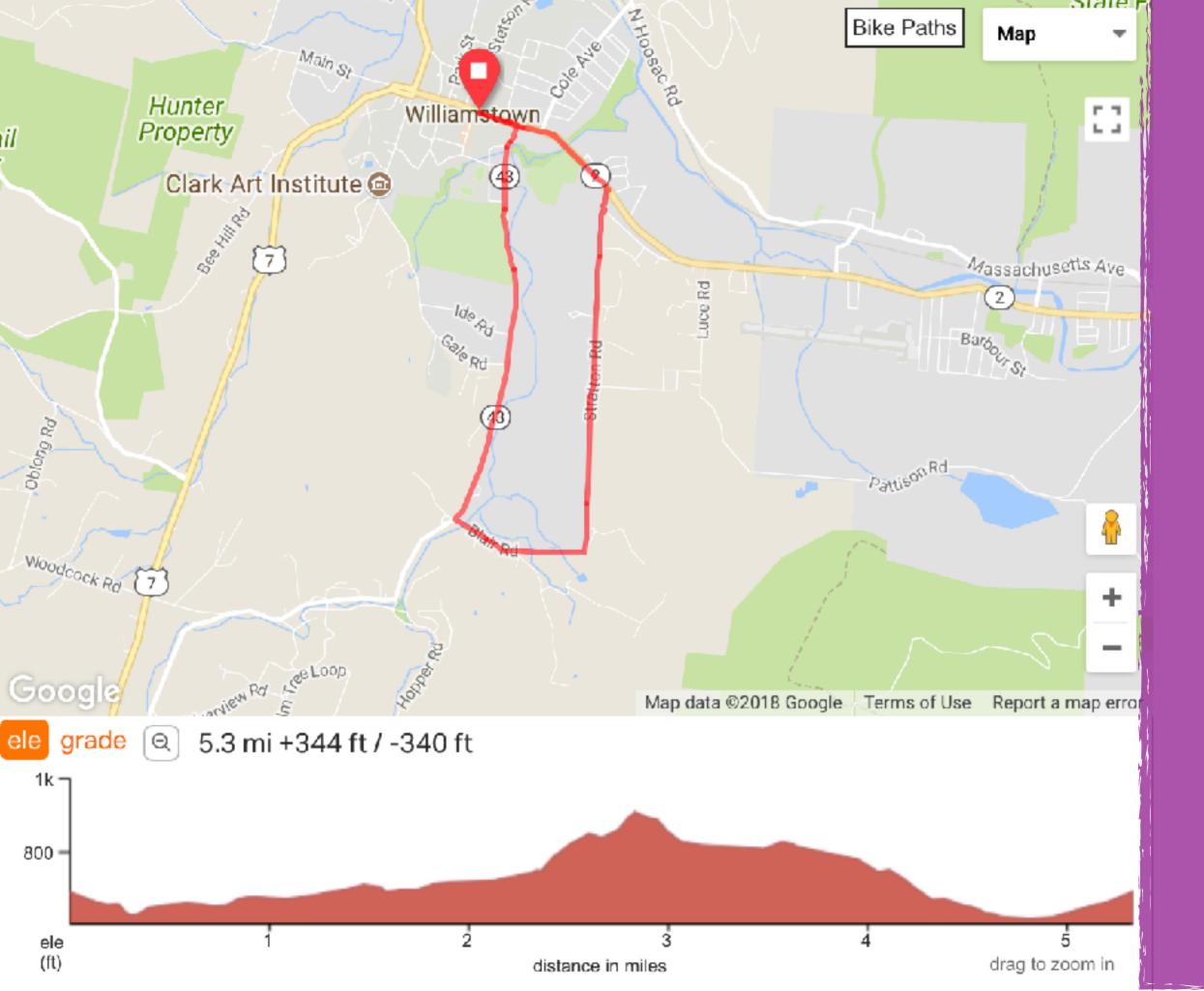
Set up a hammock village

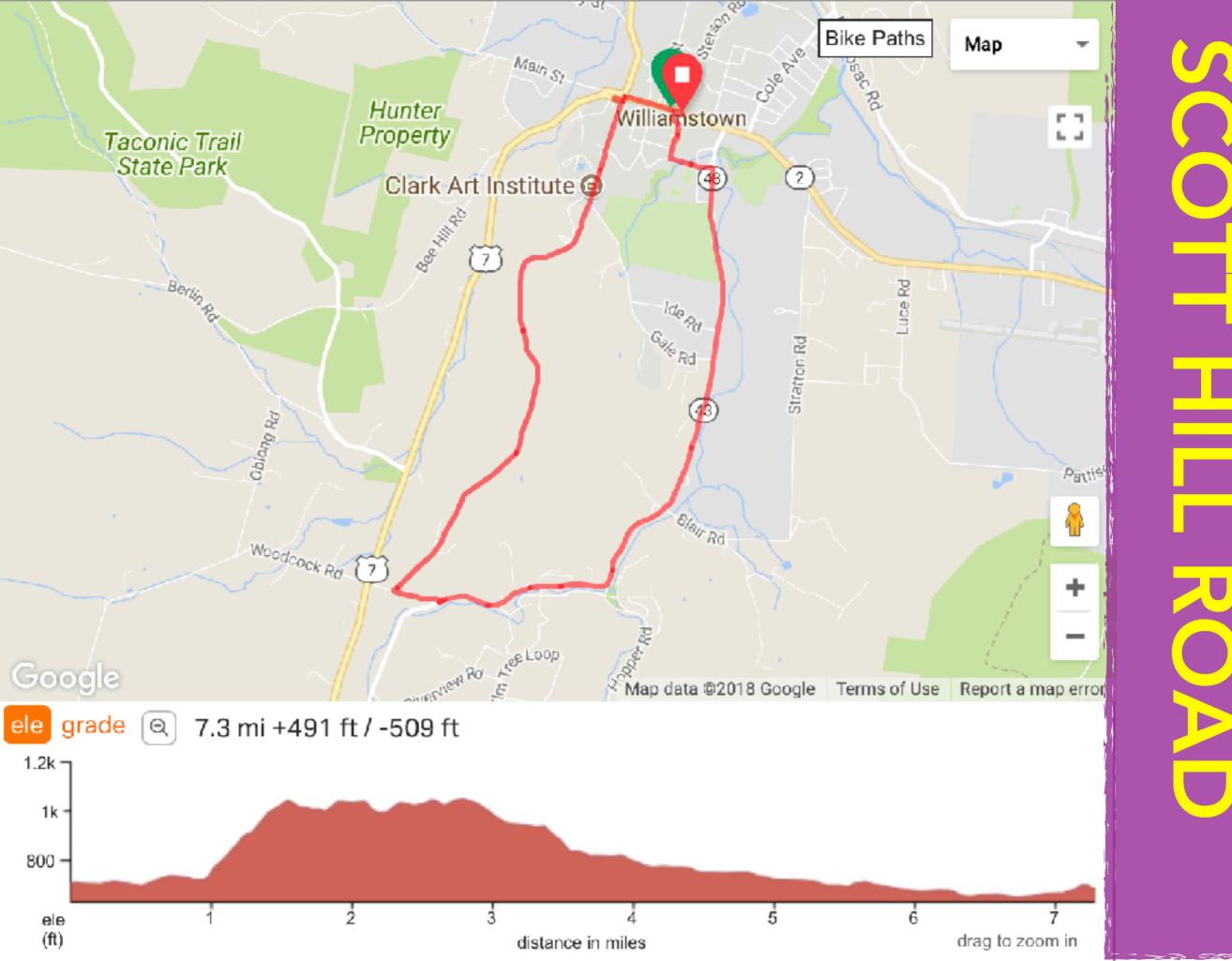
Compete in the once-a-year-all-night Trivia

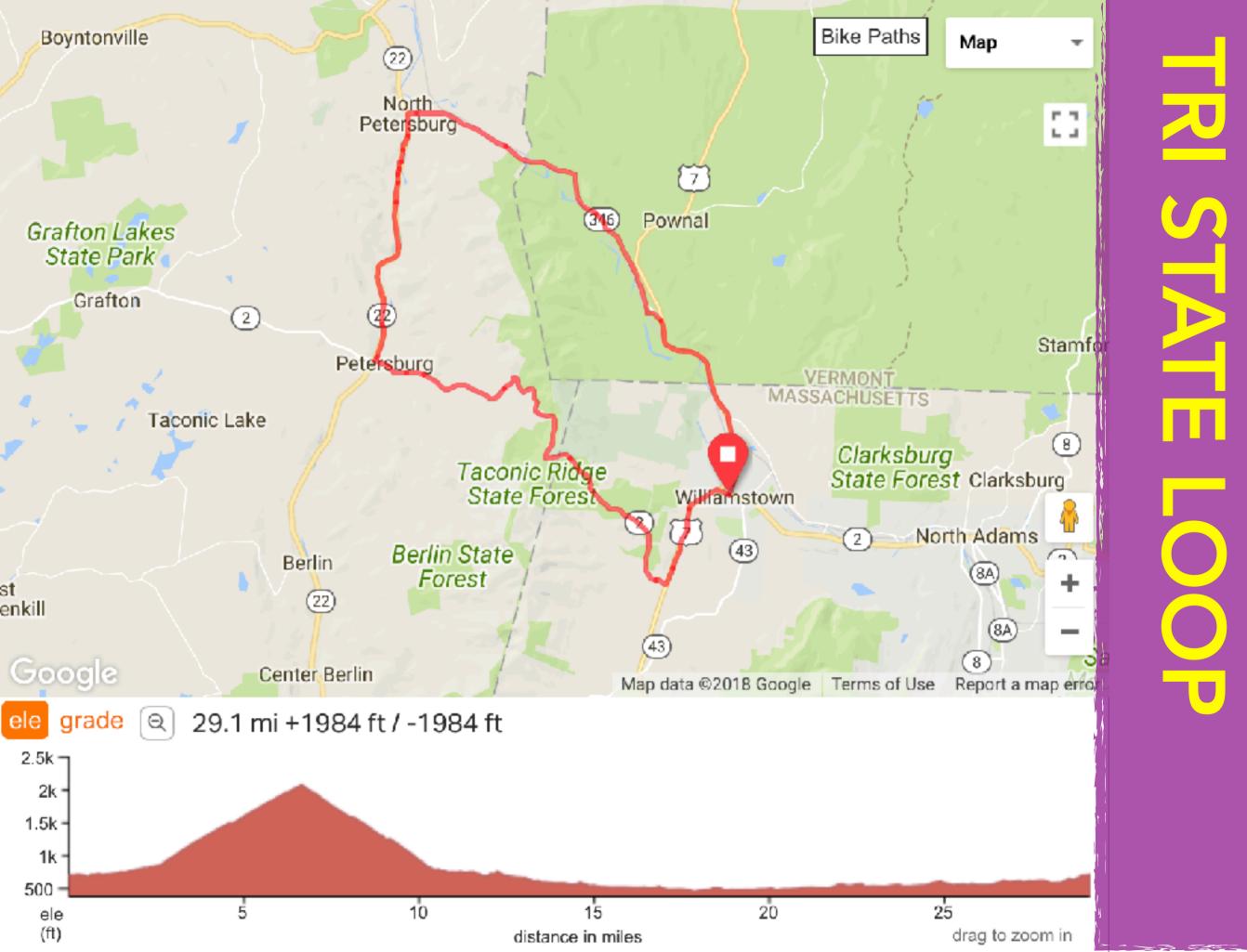


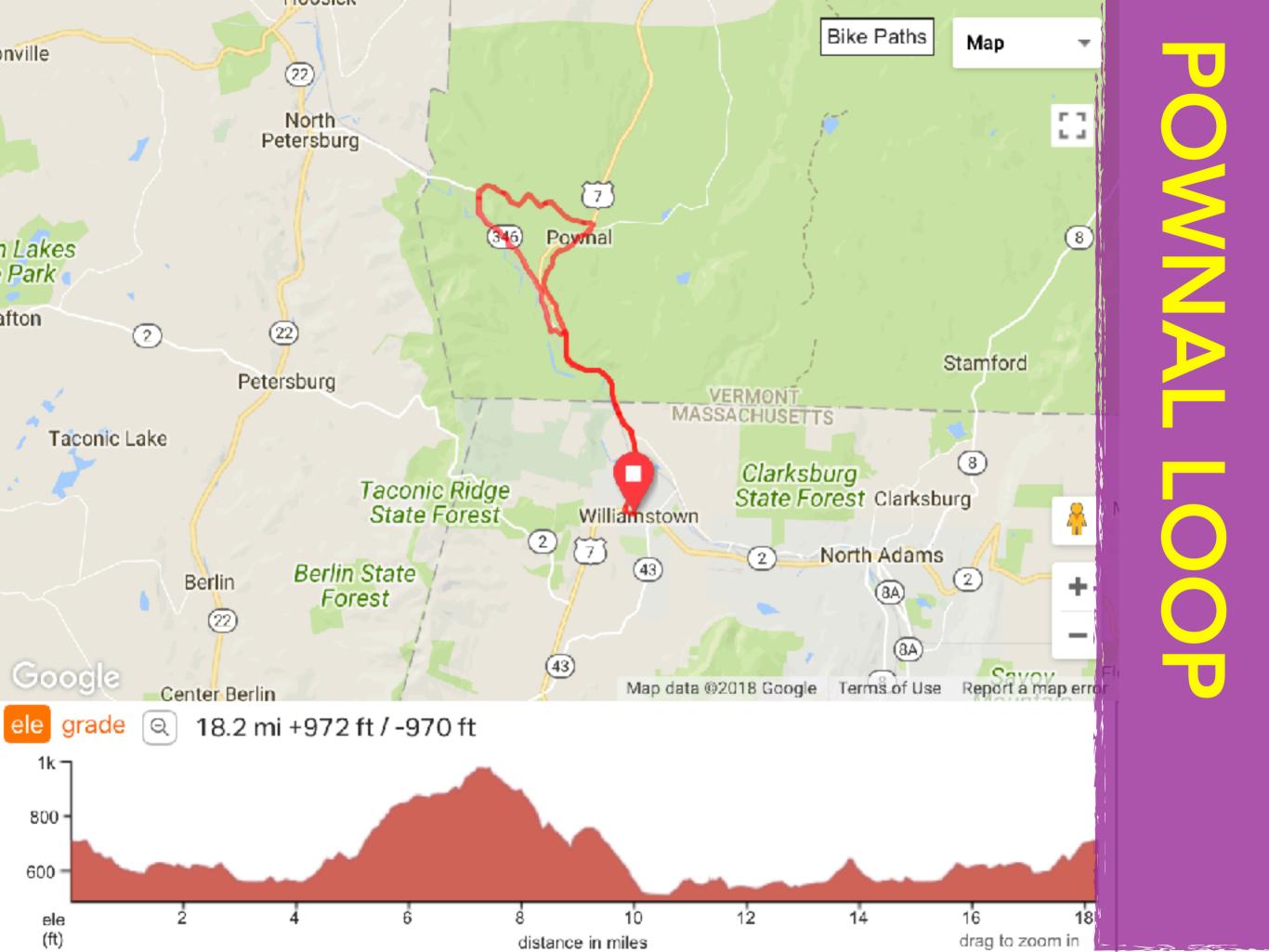


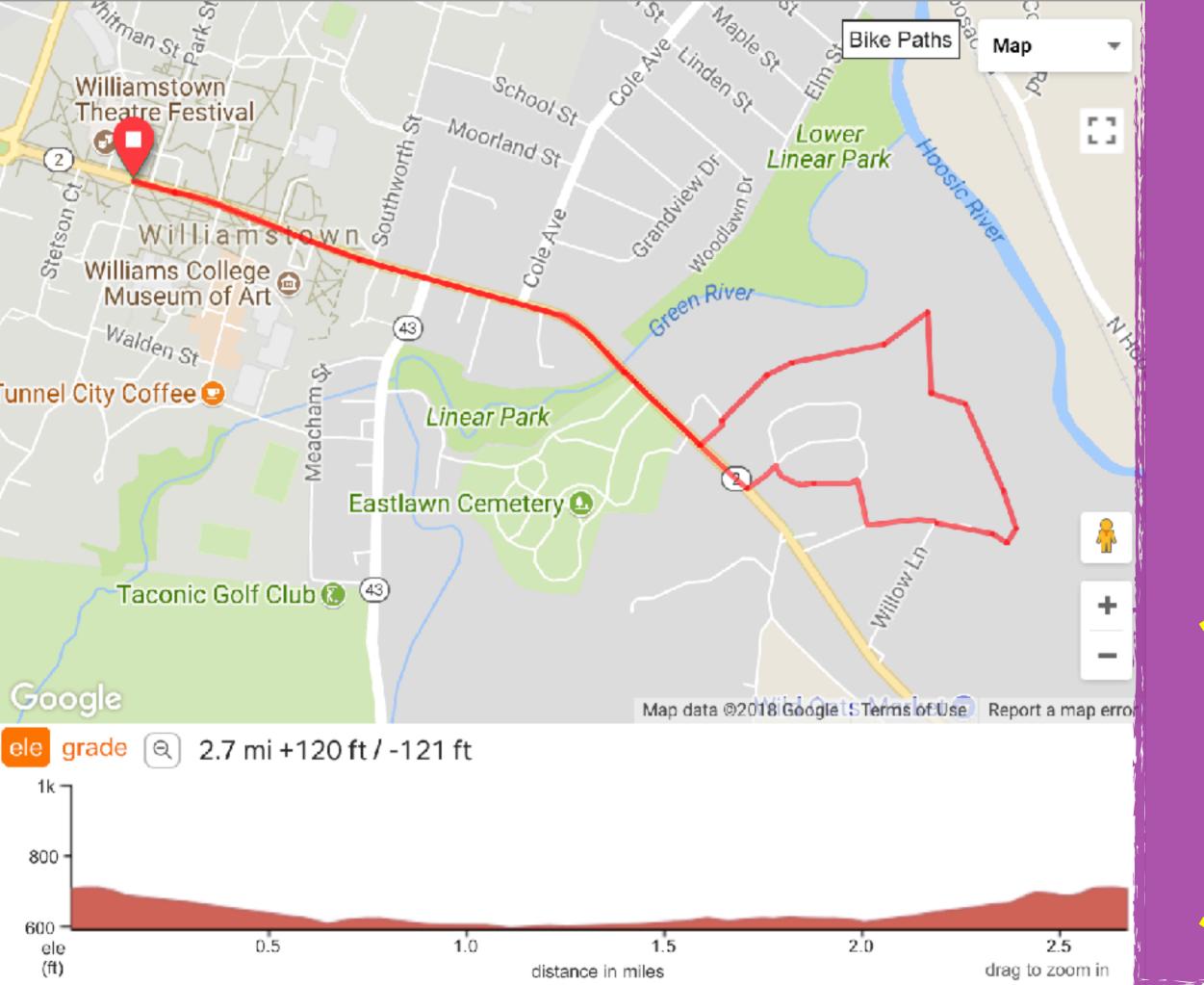










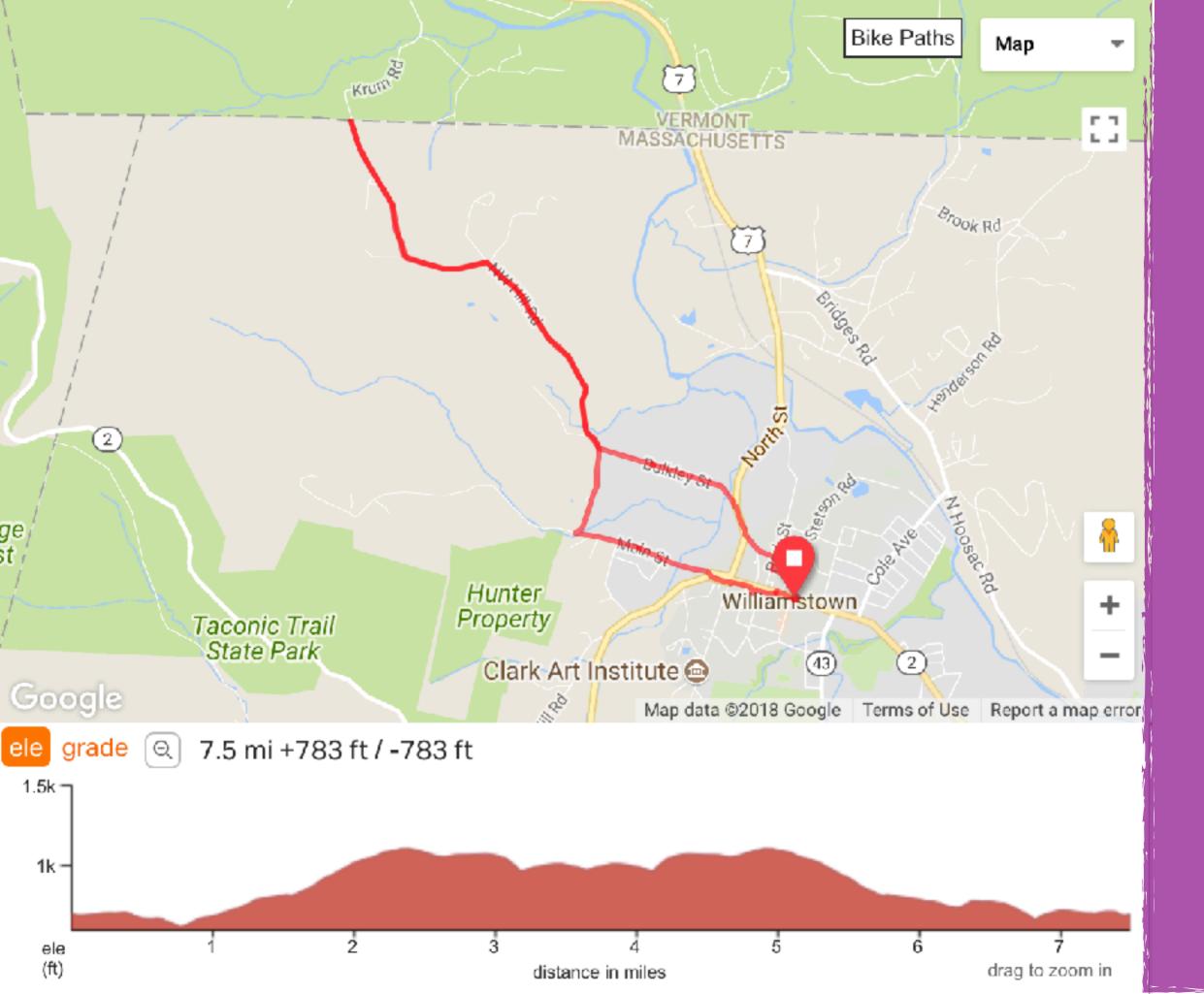


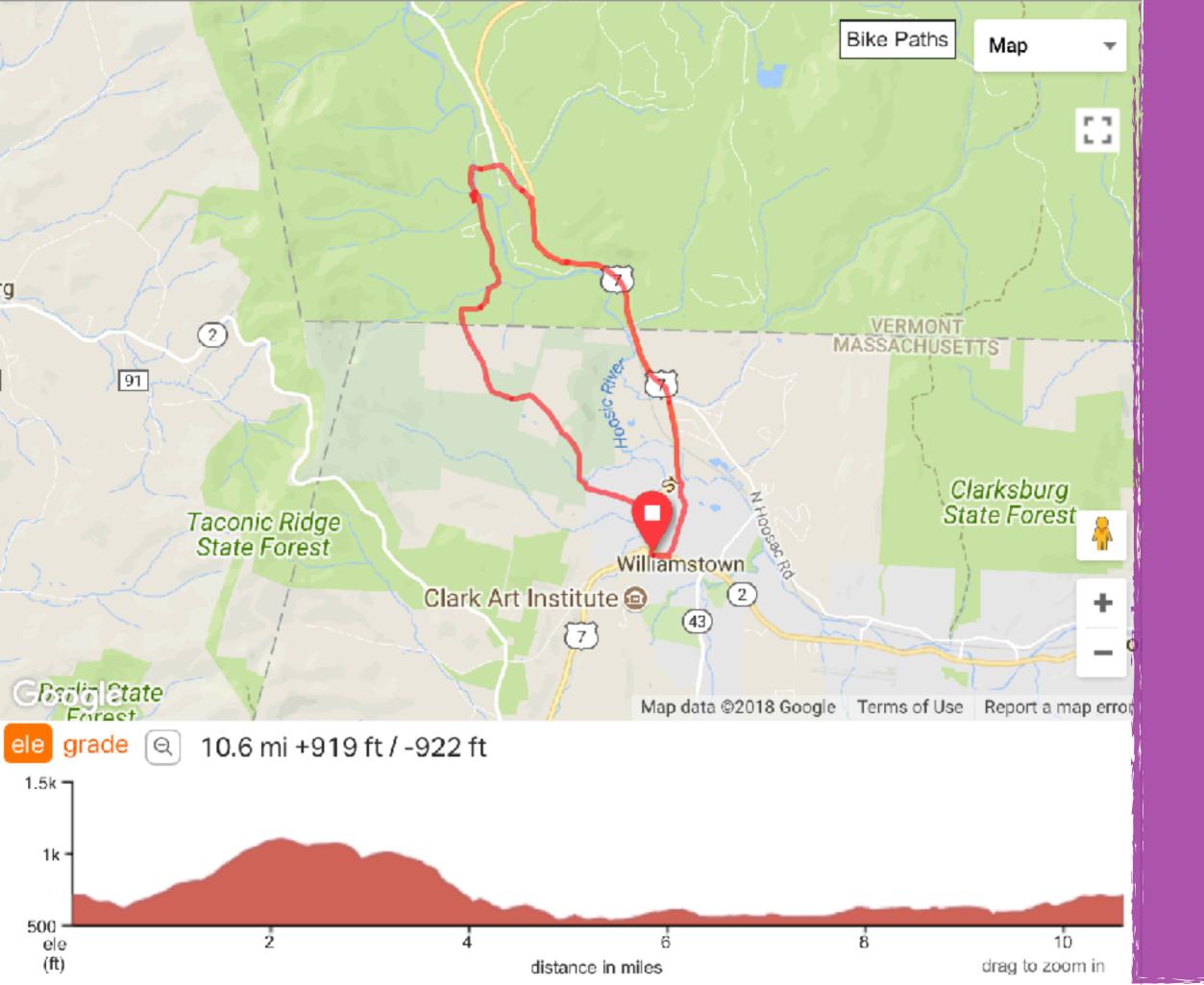
HOPKINS MITHOUT

STANDARD

EXTENDED

TEWARTS





NORTHWEST HILL

